

As our time becomes more precious, as daily life pulls us in different directions with erratic work schedules, kids after school clubs, errands, long commutes to and from work, it's often our meals that are compromised with take outs, pre-packaged meals, biscuits, chips and other snacks. Well to ensure that we maintain healthy well balanced diets and manage our time more effectively, slow cookers have started to make a comeback and with good reason.

Slow cookers are gentle, economical and safe giving your meals lots of extra flavour and variety. The Slow Cooker Cookbook gets you started with a wonderful selection of 200 fantastic and mouth-watering recipes to get you started such as mushroom and onion scramble, asian beef soup, vegetable curry, BBQ mini meatballs, mediterranean chicken stew, sweetcorn risotto, banana pudding cake, mulled wine and chocolate sauce. We've deliberately kept the Slow Cooker Cookbook simple and easy to apply so you can start enjoying the great way of cooking today.. What To Expect Inside: • What is slow cooking • Benefits of slow cooking • Types of slow cookers • Tips for successful slow cooking • 200 delicious recipes So scroll up now and grab your copy by clicking Buy Now•

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